

Rodrigo Almeida-Paes

Diagnosis of histoplasmosis





Histoplasma capsulatum and histoplasmosis





Worldwide distribution



- Areas where infection occurs regularly
- Areas where local infection have been reported



Histoplasmosis in Latin America

In Latin America the real incidence of the histoplasmosis is unknown ;

Histoplasmosis is not a reportable disease;

The cases of histoplasmosis are underestimated. Probably, there are more extensive endemic areas;



Fig. 1. Estimated number of deaths per year for different major infectious diseases in Latin America.

More frequent: Argentina, Brazil, Colômbia, Venezuela, Guiana Shield, Guatemala, Mexico

Annual rate of death from histoplasmosis in HIV-positive people with AIDS in Latin America equals 70 air crashes



THE DIAGNOSIS OF HISTOPLASMOSIS Challenge **Requires multifactorial approach**



Diagnosis of histoplasmosis



HISTOPLASMOSIS

Clinical data Epidemiological data Laboratorial data **Radiological data**

ANTIBODIES / ANTIGENS

Sensitivity	Fastidious
Dimorphism M-Y	Location of lesions



Diagnostic Methods





Sensitivity in different clinical forms



J. Fungi 2023, 9, 236. https://doi.org/10.3390/jof9020236







>Antibody detection

>Antigen detection

> Detection of nucleic acids



Antibody detection



Table 2. Summary of sensitivity and specificity values of immunological tests used for diagnosis of endemic mycoses by antibody detection.

Disease	Test	Sensitivity	Specificity	References
	ID	75–95	100	[58]
Uistonlasmosis	CF	72–95	70-80	[58]
riistopiasmosis	EIA	66–97	54-100	[65,67-70]
	Western blot	95	94	[72,73]

ID: immunodiffusion; CF: complement fixation; EIA: enzyme immunoassay; CIE: counterimmunoelectrophoresis.



Outbreak of histoplasmosis

- Population with history of participation in cleaning, in September 2022, of a building uninhabitated since 1994 with dirty, bat feces, bird feathers, peeling and mold walls, with plants and without lighting
- 11/10/2022: Reported the occurrence of a probable outbreak of histoplasmosis
- > Up to 13/10/2022: 33 suspected cases, with 05 hospitalized patients and 03 referred for outpatient follow-up in the municipal primary care network





Western blot





Asymptomatic Symptomatic Hospitalized

33 suspected cases : 22 WB positive (66%)



Antigen detection

Table 3. Summary of sensitivity and specificity values of immunological tests used for diagnosis of endemic mycoses by antigen detection.

Disease	Test	Target	Specimen	Sensitivity	Specificity	References
	DIA	100 LDa (LIDA)	Urine	96.7	100	[76]
	RIA	100 KDa (HPA)	Serum	78.7	100	
	EIA	69–70 kDa	Serum	71.4	85.4	[80]
	s EIA C		Urine	61.9–100	32-99.8	[82-87]
Histoplasmosia		Galactomannan	Serum	92.3	99	[83]
riistopiasmosis			BAL	93.5	97.8	[84]
		Cell wall antigen	Serum	81	95	[79]
	EIA	100 kDa (HPA)	Urine	86	94	[81]
			Urine	96	96	[00 00]
	LFA Galactomannan		Serum	92	94	[00,09]

RIA: radioimmunoassay; EIA: enzyme immunoassay; LFA: lateral flow assay; LA: latex agglutination; ID: immunodiffusion; CSF: cerebrospinal fluid.



Our experience at INI/Fiocruz



ANTIGEN DETECTION FOR HISTOPLASMOSIS

JANUARY to DECEMBER 2021: 385 PACIENTS – 5 POSITIVES (1.3%)

JANUARY to SETEMBER 2022: 356 PATIENTS - 11 POSITIVES (3.0%)





Detection of nucleic acids







Our experience at INI/Fiocruz

Nested Hc 100	Culture	Sample
Negative	Negative	Sputum
Negative	NR	Blood
Negative	NR	Induced sputum
Negative	NR	BAL
Negative	NR	Blood
Negative	NR	Blood
Negative	NR	Sputum
Negative	NR	Blood
Negative	Negative	Blood
Negative	Negative	Blood
Positive	Positive	Bone marrow
Positive	Negative	Induced sputum
Positive	Positive	BAL
Positive	Positive	BAL
Positive	Negative	BAL
Positive	Positive	Bone marrow
Positive	Negative	Sputum







Case	Urine (clarus, IMMY ¹)	Serum (clarus, IMMY)	Serum (Platelia, Bio-Rad ²)
1	0.46	0.39	0.72
$\rightarrow 2$	1.38	0.33	0.56
PC ³	37.64	35.98	1.21
NC ⁴	0.13	0.28	0.25

¹ Results present as EIA units. Samples with EIA units ≥1.00 are considered positive; ² Results present as index. Samples with an index ≥0.50 are considered positive; ³ PC: Positive control (patient with proven histoplasmosis); ⁴ NC: Negative control (patient with COVID-19).



Figure 3. Nested Polymerase chain reaction for *H. capsulatum*: Slot 1 and 8 = molecular weight (100 bp DNA ladder— ThermoFisher Scientific, Inc.), slot 2 = case 1, slot 3 = case 2, slot 4 = positive control (patient with proven histoplasmosis), slot 5 = positive control (G217B DNA), slot 6 = negative control (patient with COVID-19), slot 7 = negative (water) control. The base pairs (bp) of representative bands are indicated at the left.



Figure 4. Western blot assay for anti-*Histoplasma* antibody detection: Line 1 = positive control (patient with proven histoplasmosis), line 2 = case 1, line 3 = case 2, line 4 = negative control (patient with COVID-19), line 5 = negative control (normal human serum), line 6 = secondary antibody control. Molecular weights of H and M antigens of *H. capsulatum* are indicated at the left.





- > Serology is useful tool for rapid diagnosis of histoplasmosis
- Results may be obtianed several days before the clinical symptoms develop
- Continued screening allows to follow the progress of the disease
- > Major disadvantage is cross reaction between various pathogens
- Sensitivity of test (different among methods)
 - Association of serology, antigen detection increase the sensitivity of tests
 - **No serological test** is confirmatory for the diagnosis of histoplasmosis

THINK FUNGUS. SAVE LIVES. Some fungal infections can lock like other illnesses. Early diagnosis and proper treatment are essential.











INI – EVANDRO CHAGAS



New Treatment strategies for histoplasmosis including oral Amphotericin B

Andréa d'Avila Freitas MD and PhD –Infectious Diseases Technologist in Public Health – Instituto Nacional de Infectologia Fundação Oswaldo Cruz – RJ - Brazil





ANTIFUNGAL DRUGS FOR HISTOPLAMOSIS TREATMENT

-AMPHOTERICIN B IV

-ITRACONAZOLE (ORAL)

-POSACONAZOLE (ORAL)

- ISAVUCONAZOLE (IV AND ORAL)



IZAVUCONAZOLE

NEW GENERATION TRIAZOLE

FDA-APPROVED OF INVASIVE ASPERGILLOSIS AND MUCORMYCOSIS IV AND ORAL FORMULATION

YEAST: CANDIDA spp, CRYPTOCOCCUS spp

HYALINE MOLDS: ASPERGILLUS*, MUCORALES*

In Vitro ACTIVITY FOR ENDEMIC AND DIMORPHIC FUNGI: *BLASTOMYCES*, *COCCIDIODES* AND *HISTOPLASMA* (VITAL study)

Thompson et al. – Clin Infect Dis 2016; 63: 356-362 Lewis II et al.- Antimicrob Agents Chemother 2022; 66:1-12



IZAVUCONAZOLE

POTENTIAL ADVANTAGES:

-LACK OF QTc INTERVAL PROLONGATION

-MORE PREDICTABLE PHARMACOKINETICS (Therapeutic Drug Monitoring only for pediatric population and obese patients) -LESS DRUG INTERACTION PROFILE

- IMPROVED TOLERABILITY

-LONGER HALF-LIFE (allowing once-daily dosing after initial loading dose)

-GOOD PENETRATION INTO CEREBRAL SPINAL FLUID AND CNS

DISADVANTAGE:

- VERY EXPENSIVE



-SECOND-GENERATION TRIAZOLE

-FDA APPROVED AS ORAL SUSPENSION IN 2006, DELAYED-RELEASE TABLET IN 2013, AND IV IN 2014

- INDICATION: ASPERGILLOSIS, FUSARIOSIS, MUCORALES, SPOROTRICHOSIS, HISTOPLASMOSIS *

- SALVAGE TREATMENT OF HISTOPLAMOSIS

Ramos-Ospina N. et al. – Medical Mycology 2024; 62(7): myae 058 Restrepo A. et al- J Infect 2007; 54 (4): 319-17 Clark B. et al. - J Infect 2005;51 (3):e177-80





- RETROSPECTIVE OBSERVATIONAL STUDY IN COLOMBIA (2016 to 2022)
- -31 ADULT PATIENTS WITH DISSEMINATED HISTOPLASMOSIS
- -HIV (38.7%), SOT (29%), AND ONCOLOGIC DISEASES (12.9%)

Induction therapy with L-AMB:

- 3mg/kg for 2 weeks

Consolidation:

- -Itraconazole (9) 300mg/day
- -Posaconazole (22) 300 mg/day

Ramos-Ospina N. et al. – Medical Mycology 2024; 62(7): myae 058





FACTORS THAT INFLUENCED THE CHOICE BETWEEN ITRACONAZOL & POSACONAZOL :

- USE OF TRACOLIMUS AND CALCINEURIM INHIBITORS - RISK OF HEPATOXICITY - NARROWER SPECTRUM OF DRUG INTERACTIONS COMP

- NARROWER SPECTRUM OF DRUG INTERACTIONS COMPARED TO ITRACONAZOLE

RESULTS:

- -No relapses occurred
- -Three deaths unrelated to histoplasmosis

Ramos-Ospina N. et al. – Medical Mycology 2024; 62(7): myae 058



CONCLUSION:

POSACONAZOLE IS AN EFFECTIVE AND WELL-TOLERATED ALTERNATIVE FOR CONSOLIDATION TREATMENT

LIMITATIONS OF THE STUDY:

- -ITS RETROSPECTIVE NATURE -USE OF MEDICAL RECORDS AS A SECONDARY SOURCE -LACK OF URINARY ANTIGEN
- -LACK OF ITRACONAZOLE AND POSACONAZOLE TDM

Ramos-Ospina N. et al. – Medical Mycology 2024; 62(7): myae 058



PROSPECTIVE RANDOMIZED MULTICENTER OPEN-LABEL TRIAL OF 1-or-2 DOSE INDUCTION THERAPY WITH L AMB X CONTROL FOR DISSEMINATED HISTOPLAMOSIS IN AIDS Induction therapy with L-AMB:

- Ist arm: Single dose: 10 mg/kg IV
- > 2nd arm: 2 doses: 10 mg/kg D1 and 5 mg/kg IV
- > 3rd arm: CONTROL: 3mg/kg IV for 2 weeks

Consolidation:

- Itraconazole (Oral)

Pasqualotto, A.C. et al. - Clin Infect Dis 2023;77(8):1126-32



TOTAL: 118 PARTICIPANTS

PRIMARY ENDPOINT:

- Clinical Resolution on D14 (resolution of fever and signs/symptoms)

SECONDARY ENDPOINT:

- Overwall survival on D14
- Infusion-related, Renal, Kidney toxicity, Anemia, and Electrolytes abnormalities

Pasqualotto, A.C. et al. - Clin Infect Dis 2023;77(8):1126-32



RESULTS

- NO DIFFERENCES IN PRIMARY AND SECONDARY ENDPOINTS ON D14

ENDPOINTS	1 DOSE	2 DOSE	CONTROL	P -VALUE
CLINICAL RESPONSE	84%	69.0%	74.0%	
SURVIVAL	89.0%	78.0%	89.7%	0.440
INFUSION TOXICITY	18.9%	14.3%	10.3%	
SERUM K (< 3.5)	9%	19%	33.0%	0.40
SERUM K(<2.5)			6%	0.09
SERUM Mg (<1.8)	57%	41%	42%	0.405

- KIDNEY AND LIVER TOXICITIES WERE SIMILAR BETWEEN GROUPS - SURVIVAL DID NOT DIFFER AT 1 YEAR AMONG GROUPS



CONCLUSION

A ONE-DAY HIGH DOSE OF L AMB FOLLOWED BY ITRACONAZOLE WAS SAFE AND EFFICACIOUS AS INDUCTION THERAPY OF DH IN HIV PEOPLE.

LIMITATIONS OF THE STUDY:

-SMALL NUMBER OF PATIENTS (PHASE II STUDY) -ALL PATIENTS HAD "PROBABLE" HISTOPLASMOSIS RATHER THAN "PROVEN"

-A CONFIRMATORY PHASE-THREE CLINICAL TRIAL IS NEEDED

Pasqualotto, A.C. et al. - Clin Infect Dis 2023;77(8):1126-32



ORAL LIPID AMPHOTERICIN B

THE USE OF NANOSTRUCTURED SYSTEMS FOR ANTIFUNGAL THERAPY BEGAN IN THE 1990s

The challenge is the development of an oral formulation of AmB that could:

- Be Easy to administer
- Be Cost-effective
- Be Nontoxic
- Have excellent pharmacological activity
- Have clinical application

Zhong, X. et al. Drug Delivery -2023; 30(*1) 2161671 Dalton, L.M. et al. Open Forum Infect Dis- 2024 PMID:38989533





ORAL LIPID NANOCRYSTAL AMPHOTERICIN B

- MAT2203 (MATINAS Biopharma) is an investigational AmB formulation that uses a Rolled Phosphatidylserine Lipid Nanocrystal (LNC) bilayer structure to deliver AmB

The LNC has 3 components: Amphotericin B, Calcium, and phosphatidylserine

When the LNC is administered, target cells (e.g. macrophages) engulf and transport LNCs to sites of infection.

Boulware D.R. et al. Clin Infect Dis 2023 ;77(12) 1659-67



ORAL LIPID NANOCRYSTAL AMPHOTERICIN B



Zhong, X. et al. Drug Delivery -2023; 30(*1) 2161671





Clinical Infectious Diseases





Oral Lipid Nanocrystal Amphotericin B for Cryptococcal Meningitis: A Randomized Clinical Trial

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Open Forum Infectious Diseases

NOVEL ID CASES

Oral Lipid Nanocrystal Amphotericin B (MAT2203) for the Treatment of Invasive Fungal Infections

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Boulware D.R. et al. Clin Infect Dis 2023 ;77(12) 1659-67 Dalton,L.M. et al. Open Forum Infect Dis- 2024 PMID:38989533



ORAL LIPID NANOCRYSTAL AMPHOTERICIN B

Table 1. Findings in of 5 Patients Treated With MAT2203

Patient	Age/ Sex	Organism	Infection Site	Prior Antifungal Therapy (Duration)	MAT2203 Duration	Adverse Effects	Response
1	38/F	Rhodotorula mucilaginosa	Bone	L-AmB (4 wk)	24 wk	None	Complete
2	61/M	Candida krusei	Bladder	AmB-d (4 d)	2 wk	Moderate diarrhea	Complete
3	40/F	Fusarium species	Burn wound	L-AmB (6 d)	17 d	None	Complete
4	48/F	Fusarium falciforme	Deep-tissue wound	Voriconazole (4 wk)	25 wk	Nausea, bloating "weird taste"	Complete
5	44/M	Histoplasma capsulatum	Disseminated with CNS involvement	L-AmB (6 wk); itraconazole (4 d); L-AmB (13 d)	Ongoing (>28 wk)	None	Improvement; ongoing therapy

Abbreviations: AmB-d, amphotericin B deoxycholate (given intravenously); CNS, central nervous system; F, female; L-AmB, liposomal amphotericin B (given intravenously); M, male.

The patient was asymptomatic, without adverse effects

Dalton, L.M. et al. Open Forum Infect Dis 2024 PMID:38989533





- FUNGICIDAL EFFECT

-LESS TOXICITY, DRUG INTERACTION, AND ADVERSE EVENTS

-MORE PREDICTABLE PHARMACOKINETICS

-POSSIBILITY OF ORAL USE

-NO NEED FOR THERAPEUTIC DRUG MONITORING (TDM)

-ABILITY TO MARKEDLY SHORTEN AND SIMPLIFY TREATMENT

-LOWER COST

THANK YOU !

MERCI !





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